

**Emotions,
How to trust emotions with feedback in communication
by Sara Kumar**

**I love to feel emotional
I am back to acting now, as a subject, that is**

**There is something mystical that happens in rehearsal
when things are well
It's not a factory, though.
I love Charlie Chaplin,
we may need like beautiful chips for snack time.
This is a liminal space, in time, dear playwrights,
of developmental love,
and it's okay if you forget what the line is,**

**because a friend will come,
and show you the script book, right**

**Let the emotion come, I have wanted to say
So with communication and partner work,
I'll say, something, and let's be so like
Let fabric just like come over and fall so that it's comfortable**

And with reasons, I'm feeling love,

**I'm like that's so like you don't need to pretend,
If you need to push in a chair,
But how many right?**

Because there's like self-care, right

**I'm sitting
I'll stand, says another**

How lovely, emotions,

I'll sit

Do we need water?

**H is an element with one electron,
and this electron,
helps me to say, it is hydrogen,
so lovely, there, like how do you feel, now?**

So satisfied, but needing more

**Is desire elemental, or what is?
Infinity is so meta, to me, to me**

**Let's go to the text now, I'd like to say,
with such ease, smiling
And we can slow down, if we need to, friends
There's no race here; do you wish to leap?**

May we listen to our elders, one says

I'll be like

When did he say he needed to feed her ice cream?

It's okay to cry, Señor, will you read Benedict?

I'm so not over this play yet, and I think a need pizza pie

I'll write it down, on paper, and we can fly it, in the air

Fellow artists, dance if you need to

I'll play some Chopin music awn da computer,

And pizza will come,

Let me not cry

Emotions and love

Fabric and satin with lace and jeans, with purity from above

We can see a theatre, and not go inside just yet

**Do you like dried cranberries with yogurt, like around them,
in some way?**